



## Expert short-term relief for families

*PresCare aged care communities provide short-term respite care in welcoming environments designed to feel like home. We care for guests with low care, high care and memory care needs. The Government subsidises respite stays for those with the appropriate ACAT assessment.*

### **Trusted support when you need it**

We understand that there are certain times when you might need some help looking after your loved one:

- Emergency care following an accident, injury or illness
- Recuperation and recovery following a hospital stay or incident
- If you are planning a holiday away
- If you need a break from your carer role
- As a safer option during a local COVID outbreak where a person may have limited access to their essential care and lifestyle services
- As a way for your loved one to experience living at a PresCare aged care community before considering a more permanent move

Your loved one is welcome to join us for a week or longer.

### **An experienced on-site Care team**

You can enjoy peace of mind knowing your loved one will be expertly looked after and supported 24/7 by our dedicated team of Carers and on-site Nurses. We focus on helping our guests feel welcome, cared for and comfortable by understanding their specific needs and developing a personalised care and support plan.

### **What's included in respite care?**

- Most respite residents enjoy a private suite with a private or shared ensuite. A shared suite may be offered at Alexandra Gardens, Rockhampton if a private room is not available.
- A country-style meal service (including morning and afternoon tea), plus all-day access to snacks and drinks
- Daily housekeeping, laundry and room service
- Access to our full activity schedule
- 24/7 on-site care and support

### **A private suite in friendly, welcoming communities**

Each respite guest enjoys the privacy of their own light-filled room. There's plenty of space for treasured and familiar belongings, and family and friends are encouraged to visit whenever they like. Respite guests can also experience everything else these communities have to offer, including the shared spaces where residents can come together for a meal or a chat, group activities, on-site church services and hairdressing salon.

### **Designed to feel like home**

PresCare aged care communities are divided into smaller households to offer a more personal and home-like living experience. Each household shares a kitchenette, lounge and dining room. Our flexible approach to country-style meals means our guests can choose when and where they eat, and our beautiful outdoor areas offer the simple pleasures of a backyard, with veggie patches and flower beds.

### **Two funding options**

There are two ways you can access short-term care:

- A privately funded stay, where guests can receive immediate care with no ACAT assessment
- A Government-subsidised stay, where guests require a current ACAT assessment.

Guests can also begin their stay as privately funded and then transition to Government subsidised for the remainder of their stay, once an ACAT assessment is in place.

### **How many respite days can my loved one access in a year?**

Guests can access up to 63 days of subsidised respite care in a financial year, with the possibility of extending this by 21 days at a time (subject to ACAT approval).

### **Here's what others have to say**

*"Feeling at home is about feeling you belong. Here in Maryborough, we're lucky to have two unique communities that offer different living experiences but are linked by an exceptional care philosophy and a focus on kindness and compassion."*

**Judy Fisher**, Residential Services Manager, Yaralla Place & Groundwater Lodge

*"We have an extraordinary community at Alexandra Gardens. Our entire team is focused on helping each resident run their own day as they would have at home. We know that the little things can make a big difference and that's why our approach to care always goes the extra mile."*

**Sandra Thomson**, Facility Manager, Alexandra Gardens

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**Groundwater Lodge:** 165 Arnaud Street, Granville 4650 | (07) 4122 6800

**Alexandra Gardens:** 20 Withers Street, North Rockhampton, 4701 | (07) 4999 3000

[prescare.org.au](http://prescare.org.au)