

# Expert short-term relief for families



*PresCare in Maryborough and Rockhampton provides short-term respite care in welcoming aged care communities designed to feel like home. We care for guests with low care, high care and memory care needs.*

## **Trusted support when you need it**

We understand that there are certain times when you might need some help looking after your loved one:

- Emergency care following an accident, injury or illness
- Recuperation and recovery following a hospital stay or incident
- If you are planning a holiday away
- If you need a break from your carer role
- As a way for your loved one to experience living at a PresCare aged care community before considering a more permanent move

Your loved one is welcome to join us for a week or longer.

## **An experienced on-site care team**

You can enjoy peace of mind knowing your loved one will be expertly looked after and supported 24/7 by our dedicated team of carers and on-site nurses. We focus on helping our guests feel welcome, cared for and comfortable by understanding their specific needs and developing a personalised care and support plan.

## **What's included in respite care?**

- Most respite guests enjoy a private room with a private or shared ensuite. A shared suite may be offered at Alexandra Gardens, Rockhampton, if a private room is not available.
- A country-style meal service (including morning and afternoon tea), as well as all-day access to snacks and drinks
- Daily housekeeping, laundry and room service
- Access to our full activity schedule and planned outings
- 24/7 on-site care and support

## A sanctuary that feels like a master bedroom

Each respite guest enjoys a light-filled suite, complete with its own ensuite. There's plenty of room for treasured and familiar belongings, and family and friends are encouraged to visit whenever they like. Respite guests can also experience everything else these communities have to offer, including the many spaces where residents can come together to share a meal or a chat, group activities, on-site Chapel and hairdressing salon.

## A welcoming community designed to feel like home

PresCare aged care communities are divided into smaller households to offer a more personal and home-like living experience. Residents in each household share their own kitchenette, lounge and dining room, and our flexible approach to home-made meals means more flexibility and choice. Our beautiful outdoor spaces offer the simple pleasures of a backyard, with veggie patches and flower beds.

## Respite fees

The Government subsidises up to 63 days of respite care in a financial year, with the possibility of extending this by 21 days at a time (subject to a current ACAT assessment). The basic daily fee for a respite resident is set by the Government at 85% of the single basic age pension. This fee is updated on 20 March and 20 September each year, in line with increases to the age pension.

Based on current rates, the maximum basic daily fee is \$61.96 per day (as at 20 March 2024).

## PresCare is part of an innovative national alliance

*Apollo Care's unique vision is to strengthen smaller not-for-profit aged care communities that deliver choice to older Australians who want to remain living locally. We use innovation to help these communities thrive, making aged care better for residents and staff.*



*"My years of experience have shown me the importance of the role smaller aged care communities, like PresCare, play in their local region. Here, residents are supported to live their way, with grace and dignity."*



**Stephen Becsi OAM**  
CEO Apollo Care

*"Every older Australian deserves to be cared for as an individual. Our care culture centres on kindness and helping each resident live their best, most joyful life everyday - whatever that looks like to them."*



**Kylie Radburn**  
Chief Governance Officer  
Apollo Care

## We're here to guide and support you

Our friendly team can help you through each step of the respite process, from applying for an ACAT assessment through to creating a packing list.

For Maryborough, call us on (07) 4120 5800 or email us at [infoMB@prescare.org.au](mailto:infoMB@prescare.org.au)

For Rockhampton, call us on (07) 4999 3000 or email us at [infoAG@prescare.org.au](mailto:infoAG@prescare.org.au)

To learn more, visit [prescare.org.au](https://prescare.org.au) and follow us on Facebook.

**Yaralla Place:** 2 Winston Noble Drive, Maryborough 4650

**Groundwater Lodge:** 165 Arnaud Street, Granville 4650

**Alexandra Gardens:** 20 Withers Street, North Rockhampton 4701

