

Alexandra Gardens



A community that  
feels like home

Proudly part of the Apollo Care Alliance



# Welcome



*"We have a special community at Alexandra Gardens. Our team is focused on helping each resident live their own day as they would have at home. We know that the little things can make a big difference and that's why our approach to care always goes the extra mile."*

As part of the Apollo Care Alliance, Alexandra Gardens continues to benefit from a multifaceted investment program comprising best-practice governance, an award-winning culture and performance program, and a cutting-edge cloud-based IT system that includes hand-held mobile devices for every care worker.

Our community has achieved the highest possible accreditation by the Australian Government's Aged Care Quality and Safety Commission, giving residents and their families confidence in the exceptional care we provide."

**Sandra Thomson** | Residential Services Manager



*"The smaller house environment here is much more personal – much more like home. I love everything about living at Alexandra Gardens, especially the social aspect. I enjoy the company, the meals, being able to welcome family and friends, and also keeping connected to the wider community."*



**Barbara** | Resident



## Make yourself at home

To offer a more personal living experience, Alexandra Gardens is divided into five smaller households where residents share a kitchen, lounge and dining room. Your light-filled room can be furnished and decorated as you like, and we respect that this is your private sanctuary, just like a master bedroom. With no set visiting hours, you can welcome family and friends to your home anytime.



## A flexible approach to country-style meals

When it comes to food, there's plenty of choice – just like home. Everything is freshly made right here in our own kitchen, our daily menus offer lots of delicious options and family favourites, and there's always freshly baked morning and afternoon tea. You can choose when and where you eat your meals, and help yourself to a snack or drink in your household's kitchen.





## Carers who get to know you well

We centre on you as a person, getting to know your story, your likes and your routine. Our dedicated Carers and Nurses are selected for their kind and compassionate approach to care that's focused on providing you with a dignified care experience. This consistency of care enables strong bonds to form between carers, residents and their families. Selected for their kind, compassionate and dignified approach to care, our team is on-hand 24 hours a day supporting you with the tailored care you need to live your way.



## Design your own day

Just like at home, you decide how you'd like to spend your day. When you rise, eat and shower is up to you, and you're supported to keep doing the simple things you've always enjoyed, like watering the garden, catching up on the daily news with a cup of tea, or just having an afternoon nap. There are a wide range of outings and activities to enjoy with others, and lots of ways to stay connected to those you love.



## Enjoy the simple pleasures of a traditional backyard

The sprawling, one-level design of Alexandra Gardens means there's greenery and natural light everywhere you look. The vast established gardens can be enjoyed by each resident and are full of the familiar features of a traditional backyard. There are courtyards, flower beds, veggie patches, hills hoists and of course our much-loved chooks. You can tend to your own plants, stroll along the pathways or just sit in a sunny spot and admire what's growing.



## Staff who work together to put residents first

We listen to each resident, respecting their choices and supporting them to live their way, with grace and dignity. Each member of our team works together to achieve our shared goals and we acknowledge our shared successes. Safety and quality underpin everything we do every single day, and we use our resources wisely to gain maximum benefit for residents. We do this in a welcoming environment that offers residents a true sense of home.

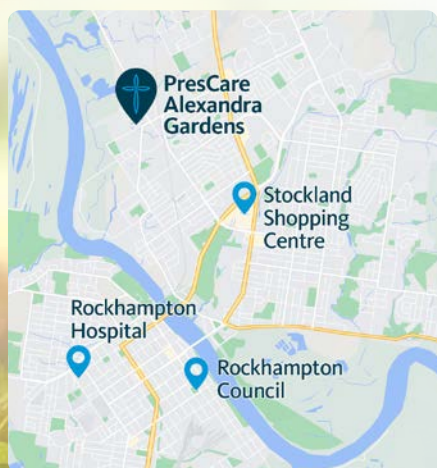


# PresCare is part of an innovative national alliance

Apollo Care's unique vision is to strengthen the goodwill and sense of belonging already created in local, not-for-profit aged care communities. We help these communities evolve and thrive by enhancing every resident's living experience.



## A highly respected local team



*At PresCare Rockhampton, we use innovation to make aged care **better** for residents and staff.*

Our community is led by an experienced local management team with the support of Australia's leading aged care experts. Through cutting-edge technology and progressive quality systems that deliver exceptional clinical governance, our team enhances resident care and wellbeing every day. Plus, because of our not-for-profit status, our staff can enjoy tax advantages that increase their take-home pay.

PresCare's progressive team is growing. To find out about career opportunities, including flexible pathways for students and locals returning to work, visit [prescare.org.au/careers](https://prescare.org.au/careers)

## Permanent and respite aged care, including dementia support

Private rooms range from \$295,000 – \$385,000. Call us to arrange a tour of our special communities.

Free Aged Care Guide available on our website



## Contact our friendly team

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