

PrestCare
SHERWOOD *Place*
DAY CENTRE



ABOUT PRESCARE SHERWOOD PLACE

We provide a range of services including social inclusion and respite, allied health and domestic assistance. Sherwood Place is designed to support the local community to remain socially active and live independently.

Our team of experts in community-based care are committed to providing a friendly, enjoyable and caring environment.

We provide our services to people aged 65 years old and Aboriginal and Torres Strait Islander people over 50 years old and their carers.

Situated in a beautifully restored Queenslander in leafy Sherwood in Brisbane's west, we welcome you to join us.

"My husband and I enjoy going to PresCare Sherwood Place very much. The staff and volunteers greet us with bright hellos and big smiles, making us feel very welcome."

Sherwood Place Guest



OUR SERVICES

ACTIVITIES

We offer a range of innovative and creative group activities that are designed to promote inclusion and independence. The activities include:

- concerts
- armchair travel
- games
- music and art
- guest speakers
- intergenerational therapy
- physiotherapy
- mobility activities
- reminiscence activities
- shopping
- spark of life
- sensory enrichment
- Tai Chi
- pet therapy
- doll therapy
- board games.



SOCIAL OUTINGS

We host weekly outings for our guests to a variety of locations around South East Queensland. We visit museums, parks and art galleries and the trips generally include a meal or coffee. The day of the group excursion changes each week so that all guests have the opportunity to attend across the month.



MEALS

We provide morning tea and a nutritious hot lunch, which everyone can enjoy together in the dining room. Our menu is updated regularly and caters for all dietary requirements.

TRANSPORT

We offer a convenient transport service to people living in the local area to come to Sherwood Place in the morning and return home in the afternoon. Please talk to us about your transport needs.

REGISTRATIONS AND BOOKINGS

To make an enquiry or a booking please phone **1800 773 722** or email **infoSH@prescare.org.au**.

Bookings are essential.

FEES AND CHARGES

Services at Sherwood Place are covered by Commonwealth Home Support Program (CHSP) funding for eligible clients. Home Care Package funding can also be used to attend.

People who are ineligible for government funding can attend Sherwood Place via a private fee arrangement.

LOCATION

23 Thallon Street
Sherwood QLD 4075

HOURS OF OPERATION

Monday to Friday
9:30am–3.30pm



JUST LIKE YOU, WE'RE NOT OLD, WE'RE EXPERIENCED

At PresCare, age is just a number and like you, we've been around long enough to know what really matters. How long you ask? Well, since 1929, the same year the very first car radio was installed and probably playing some Louis Armstrong!

We recognise that we're all individuals, with different needs at the various stages of our lives. We're about helping you live the life you choose by tailoring the services you need, when you need them.

Our flexible approaches to in-home care, residential living, social support services, respite care, pastoral and spiritual care, and rehabilitation reflect this.

PresCare is a Ministry of the Presbyterian Church of Queensland and all of our services are accredited with the national industry bodies.

We'd love to talk to you about how we can help. Please visit www.prescare.org.au or phone **1800 773 722** for more information.




PresCare
It's more **you** A MINISTRY OF THE
PRESBYTERIAN CHURCH
OF QUEENSLAND